

RESOURCES FOR FATHERS

LOCAL

THE MEN'S LINE

Call this free 24-hour service for confidential help and information if you are worried, stressed, angry, depressed, or just need to talk to someone who will listen.

612-379-MENS (612-379-6367) or toll-free in Greater Minnesota: 1-866-379-6367

BENTON COUNTY GOVERNMENT CENTER

531 Dewey Street

P.O. Box 129

Foley, MN 56329

320-968-5000

www.co.benton.mn.us

SHERBURNE COUNTY GOVERNMENT CENTER

13880 Highway 10 (Business Center Drive)

Elk River, MN 55330-4601

763-241-2700

800-433-5228

www.co.sherburne.mn.us

STEARNS COUNTY

705 Courthouse Square

St. Cloud, MN 56303-4701

320-656-6000

www.co.stearns.mn.us

WRIGHT COUNTY GOVERNMENT CENTER

10 2nd Street NW

Buffalo, MN 55313

WRIGHT COUNTY HUMAN SERVICES

1004 Commercial Drive

Buffalo, MN 55313

763-682-3900

800-362-3667

www.co.wright.mn.us

Counties provide numerous resources and supports for children and families.

EARLY CHILDHOOD FAMILY EDUCATION (Available in all school districts)

Call your local school district or 651-582-8402

www.ecfe.info/where_is_ecfe.html Click on this link to locate programs in your area. “Recognizing that parents are a child’s first and most significant teachers, ECFE offers a variety of classes and resources for parents and children birth through kindergarten age. ECFE helps build healthy families and sets the stage for parent involvement and children’s success.”

DAD’S PROJECT - St. Cloud Area School District 742

Roosevelt Early Childhood Center

3015 3rd Street N

St. Cloud, MN 56303

320-253-5828

Marj Hawkins, Director

Entrance: East and west side doors

www.stcloud.k12.mn.us/roosevelt.html

“Dad’s Project - *The Dad’s Project* offers a special time for fathers to concentrate on male parenting issues. “*Super Saturdays*” offers a special time for fathers to spend with their young children, ages two-five. Activities during a two hour Saturday include gym, science, art, woodworking, or cooking in a relaxed atmosphere. Other programs include *Daddy Kit classes, Home Visits to Teen Dads, A Father’s Day Community Celebration,* and a *Parenting Program at the Correctional Facility for Incarcerated Dads.*”

UNITED WAY

2700 1st Street N., Suite 300

St. Cloud, MN 56303

320-229-3508

www.unitedwayhelps.org/211/index.html

United Way connects families with a wide array of resources to improve people’s lives.

PLANNED PARENTHOOD

St. Cloud Clinic

451 E. St. Germain Street. Suite 100

St. Cloud, MN 56304

888-252-9504

www.ppmns.org

“Planned Parenthood is a provider of confidential, affordable health care services and comprehensive sexuality education. They support women and men of all ages to make responsible choices and plan their futures.”

NEW HOPE AUTISM CENTER--MEN’S GROUP

2152 Frontage Road

Waite Park, MN 56387

320-281-3500

http://www.newhopeautismcenter.org/mens_group.

STATE RESOURCES

PACER CENTER

PACER Center, Inc.
8161 Normandale Blvd.
Bloomington, MN 55437
Phone (8:00 a.m. - 5:00 p.m. CST, Monday-Friday)
Minnesota: 1-800-537-2237 or 952-838-9000
TTY: 952-838-0190
USA: 888-248-0822

www.pacer.org

“PACER Center is a nonprofit organization serving children and youth with disabilities throughout the state of Minnesota and the nation. PACER Center is unique in that it serves children with all disabilities; learning, physical, emotional, mental and health. No other organization in Minnesota offers this broad range of services to families.”

MINNESOTA FATHERS & FAMILIES NETWORK

Executive Director: Paul Masiarchin
651-222-7432

www.mnfathers.org

“Minnesota Fathers & Families Network enhances healthy father-child relationships by promoting initiatives that inform public policy and further develop the field of fatherhood practitioners statewide.”

Publications available for Fathers: *Do We Count Fathers?*, *Unmarried Fathers Guide*, *Fathers to the Forefront*, *The Daddy Book*, *Newsletters*

MINNESOTA ADOPTION RESOURCE NETWORK (MARN)

430 Oak Grove Street
Suite 404
Minneapolis, MN 55403
612-861-7115
866-303-MARN (6276)

www.mnadopt.org

“Programs are designed to create and enhance the role of *fathers* in full parenthood.”
The website lists many State and National resources

MINNESOTA ADOPTION SUPPORT AND PRESERVATION (MN ASAP)

Minneapolis Office at MARN (Minnesota Adoption Resource Network)

430 Oak Grove Street, Suite 404

Minneapolis, MN 55403

612-798-4033

877-966-2727 (toll free)

Warm-line to answer questions about adoption-related issues at info@mnadopt.org

www.mnasap.org

“MN ASAP provides an array of services and supports to adoptive families and the professionals who serve them. MN ASAP offers statewide trainings, peer support through parent liaisons and a quarterly MN ASAP Family Voices newsletter.”

PROJECT FOR PRIDE IN LIVING, INC.

Patrick Morley, M Ed - Program Manager

PPL Young Fathers Program

683 Hague Ave., #13

St. Paul, MN 55104

651-222-8191 (office)

651-329-8215 (cell)

www.ppl-inc.org

This resource serves people in the Minneapolis and St. Paul areas. However, it comes highly recommended and might be useful for Fathers in Central Minnesota.

DADS MAKE A DIFFERENCE

“A Minnesota-based nonprofit organization with both a national and international presence. Their Mission is to promote the positive involvement of fathers and to educate youth about responsible parenting.”

Jan Hayne

Dads Make a Difference

161 St. Anthony Avenue, Suite 840

Saint Paul, MN 55103

651-222-1622

www.dadsmakeadifference.org

ARC MIDSTATE REGIONAL OFFICE

P.O. Box 251

St. Cloud, MN 56302

320-251-7272

Out of Area 877-251-7272

www.info@ArcMidstate.org

“Arc Midstate exists because people with developmental disabilities such as Autism Spectrum Disorder, Down Syndrome, Fragile X, Fetal Alcohol Syndrome and other conditions, need help to ensure that their rights as citizens of this country are protected, and they are supported to live, learn, work, and play as they choose.”

Pilot Parents is one of Arc’s programs that “matches parents who have children with any special need with trained volunteer parents to help them with the life changes involved in parenting a child with special needs.”

NATIONAL RESOURCES

NATIONAL CENTER FOR FATHERING

P.O. Box 413888
Kansas City, MO 64141
1-800-593-3237
www.fathers.com

The National Center for Fathering seeks to inspire and equip men to excellence in their fathering. The National Center provides practical, how-to oriented resources for Dads including tips of fathering, insights on unique fathering situations, fathering resources, and humor through its nationwide radio program, the Center's Today's Father magazine, and the fathers.com weekly newsletter.

NATIONAL FATHERHOOD INITIATIVE (NFI)

101 Lake Forest Boulevard, Suite 360
Gaithersburg, MD 20877
301-948-0599
www.fatherhood.org

The National Fatherhood Initiative (NFI) was founded in 1994 to stimulate a society-wide movement to confront the growing problem of father absence. NFI's mission is to improve the well-being of children by increasing the number of children growing up with involved, committed, and responsible Fathers in their lives.

FAMILY FIRST'S FATHERHOOD CAMPAIGN

101 East Kennedy Boulevard
Suite 1070
Tampa, FL 33601
1-800-956-8300
www.AllProDad.com

Family First has partnered with NFL players and coaches to emphasize the importance of fatherhood by launching an interactive website that offers Dads information they may need to be the best possible Fathers.

WEBSITES

www.resourcesforfathers.org
763-783-4938

www.goodwilleasterseals.org

Father Project

www.kidshealth.org

“**KidsHealth** is the largest and most-visited site on the Web providing doctor-approved health information about children from before birth through adolescence. KidsHealth has separate areas for kids, teens, and parents--each with its own design, age-appropriate content and tone. There are thousands of in-depth features, articles, animations, games and resources.”

www.fathersource.org

Deployed Fathers and Families Guide and Brochure

“The National Fatherhood Initiative has published a guide titled “Deployed Fathers and Families Guide for Enlisted Personnel” and a brochure entitled “10 Ways to Stay Involved with Your Children During Deployment!” The 48 page guide offers pre-deployment tips and exercises to help military Dads and their families handle the financial, medical, legal, and personal aspects of military deployment.”

www.newdads.com

Boot Camp for New Dads

“If you are a first-time dad, this website is for you! It is filled with practical and sound advice on starting a new family. The website covers issues from Immediate Concerns such as Forming a New Family and The Challenges New Moms Present to Hands on Tips on how to care for yourself, Mom and the baby.”

www.mnfathers.org/search/ServProvSearch.php

Programs for Fathers Across Minnesota

“The Minnesota Fathers & Families Network maintains an online database of fatherhood programs around the state of Minnesota--find the program nearest you.”

<http://mentalhealth.samhsa.gov/dadsarechamps/default.asp>

This site has information that SAMHSA has put together specifically about involving Dads.

<http://mentalhealth.samhsa.gov/dadsarechamps/resource.asp>

SAMHSA has developed this list of resources specifically focusing on Fathers.