

## Fact Sheets

National Alliance on Mental Illness ([www.nami.org](http://www.nami.org))  
Children's mental health fact sheets

### [Minnesota Association for Children's Mental Health](#)

Mental health fact sheets in English and Spanish. Early childhood mental health facts sheets.

Minnesota Department of Human Services -

[http://www.dhs.state.mn.us/main/idcplg?IdcService=GET\\_DYNAMIC\\_CONVERSION&RevisionS electionMethod=LatestReleased&dDocName=id\\_003704](http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionS electionMethod=LatestReleased&dDocName=id_003704)

Link to fact sheets on anxiety, depression, autism, ADHD, conduct disorder in English, Spanish, Vietnamese, Somali, and Hmong.

### [National Association of School Psychologists](#)

Fact sheets and position papers.

## Website References on Family-Driven Care

Accessing Disability Services in Minnesota – A Guide to Selected Resources

([http://static.cbslocal.com/station/wcco/news/specialreports/autism/08\\_0722\\_news\\_specialreports \\_autism\\_accessingdisabilityservicesinminnesota.pdf](http://static.cbslocal.com/station/wcco/news/specialreports/autism/08_0722_news_specialreports _autism_accessingdisabilityservicesinminnesota.pdf))

Achieving the Promise: Report of the President's Commission on Mental Health

[www.mentalhealthcommission.gov/reports/FinalReport/toc.html](http://www.mentalhealthcommission.gov/reports/FinalReport/toc.html)

Working Definition and Tools [www.ffcmh.org/systems\\_whatism.htm](http://www.ffcmh.org/systems_whatism.htm)

A Family's Guide to the Child Welfare System

[www.tapartnership.org/advisors/ChildWelfare/resources/AFamilysGuideFINAL%20WEB%20VERSION.pdf](http://www.tapartnership.org/advisors/ChildWelfare/resources/AFamilysGuideFINAL%20WEB%20VERSION.pdf)

Systems of Care – SAMHSA [www.systemsofcare.samhsa.gov](http://www.systemsofcare.samhsa.gov)

## More Websites

[ADD Warehouse](http://www.addwarehouse.com/shopsite_sc/store/html/index.html) - [http://www.addwarehouse.com/shopsite\\_sc/store/html/index.html](http://www.addwarehouse.com/shopsite_sc/store/html/index.html)

The leading resource for the understanding and treatment of all developmental disorders, including ADHD and related problems.

### [Adolescent Health Initiative Links](#)

A foundation for addressing adolescent health issues utilizing a youth development approach.

[All Mental Health](#) - U.S. Department of Health and Human Services

This website provides information on what *mental health* really is and provides descriptions of some of the most common mental illnesses.

[The Autism Society of Minnesota](http://www.ausm.org/educationServices/diversityMaterials.asp) - <http://www.ausm.org/educationServices/diversityMaterials.asp>  
"Is this Your Child?" Signs and Symptoms of Autism in more than five languages.

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder) [www.chadd.org](http://www.chadd.org)  
Learn, connect, support and influence

C3 Online ([www.C3online.org](http://www.C3online.org))  
Connecting youth to communities and careers.

The Center for Cross-Cultural Health - <http://www.crosshealth.com/index.html>  
Working to increase health and well-being for all through cross-cultural understanding.

[Child and Adolescent Bipolar Association](#)  
Early intervention and treatment offer the best chance for children with emerging bipolar disorder.

Federation of Families for Children's Mental Health [www.ffcmh.org](http://www.ffcmh.org)  
National family-run organization dedicated exclusively to helping children with mental health needs and their families achieve a better quality of life

[International MOMS Club®](#)  
Offers support to moms home during the day living in St. Cloud, Waite Park, Foley, and Clearlake.

Kids Health - [www.kidshealth.org](http://www.kidshealth.org)  
A website with information for parents, teens and kids. The focus of information is on physical and mental health.

[Mental Health: A Report of the Surgeon General](#)  
Background information about children's mental health.

Minnesota Association for Children's Mental Health [www.macmh.org](http://www.macmh.org)  
Minnesota Association for Children's Mental Health providing support and information for families of children with EBD and mental health needs.

Mental Health America [www.nmha.org](http://www.nmha.org)  
The country's leading nonprofit dedicated to helping ALL people live mentally healthier lives.

[Minnesota Parent Knows](#)  
Minnesota Parents Know is a resource filled with convenient and trusted child development, health and parenting information.

[MOPS \(Mother's Of Preschoolers\)](#)  
MOPS is about Celebrating motherhood, Meeting needs, Making Connections, and Experiencing God's love...through relationships and resources.

[National Institute of Mental Health](#)  
Health information quick links.

[National Mental Health Information Center](#)  
Teen Mental Health Problems: What are the Warning Signs

Parent Advocacy Coalition for Education [www.pacer.org](http://www.pacer.org)  
Expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents.

[President's New Freedom Commission Report](#)  
Background information about children's mental health.

SAMHSA [www.samhsa.gov](http://www.samhsa.gov)

Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

[School Psychology Resources Online](#)

School Psychology Resources for Psychologists, Parents and Educators

[Technical Assistance Partnership for Child and Family Mental Health](#)

The Technical Assistance Partnership for Child and Family Mental Health (TA Partnership) operates under contract with the federal Center for Mental Health Services to provide technical assistance to system of care communities funded by the *Comprehensive Community Mental Health Services for Children and Their Families Program*.

[UCLA School Mental Health Project](#)

Being alert to indicators of psychosocial and mental health problems.

(Search resource aid packets: screening/assessing students: indicators and tools)