

Websites designed for YOUTH

[Adolescent Health Initiative Links](#)

A foundation for addressing adolescent health issues utilizing a youth development approach.

C3 Online (www.C3online.org)

Connecting youth to communities and careers.

Catholic Charities – SAIL Program <http://www.ccstcloud.org/cc06/rp/sail0.htm>

Catholic Charities Support and Advocacy for Independent Living Program (SAIL) is a community-based service designed to provide a safe, confidential environment for youth, ages 14 to 21, to learn and practice essential life skills.

Catholic Charities – SHY Program <http://www.ccstcloud.org/cc06/rp/shy0.htm>

Catholic Charities Supported Housing for Youth Program (SHY) offers housing counseling and financial assistance for young people, ages 16 to 24, who are experiencing homelessness, near-homelessness, or aging-out of foster care.

Center for Service Learning

www.centerforservicelearning.org

The Center empowers and inspires youth of diverse backgrounds – and those who work with youth – to be proactive agents of change in their communities and in the world.

Connects for Kids www.connectforkids.org

Gives visitors the information and tools they need to learn about issues affecting children, families, and communities and to take action to improve policies and programs, and, ultimately, the fabric of our nation as a whole.

Foster Club www.fosterclub.com

FosterClub's mission is to provide encouragement, motivation, information, education, and benefits for foster youth.

Kids Health - www.kidshealth.org

A website with information for parents, teens and kids. The focus of information is on physical and mental health.

Mind Your Mind CA www.mindyourmind.ca

This is a place where you can get info, resources and the tools to help you manage stress, crisis and mental health problems.

National Center on Youth Transition <http://ntacyt.fmhi.usf.edu>

Improves practices, systems, and outcomes for transition-age youth and young adults (14-25 years of age) with emotional and/or behavioral difficulties (EBD).

National Collaborative on Workforce and Disability www.ncwd-youth.info

Source for information about employment and youth with disabilities.

National Youth Development Information Center www.nydic.org

Prepares individuals to work with young people in realizing their full potential as human beings and citizens.

Suicide Hotline - <http://www.suicidepreventionlifeline.org/>

What a Difference a Friend Makes - <http://www.whatadifference.org/>

Youth Involvement in Systems of Care - <http://www.tapartnership.org/youth/default.asp>

Youth Guided Systems of Care -
<http://systemsofcare.samhsa.gov/headermenu/youthguided.aspx>

Youth Policy Action www.youthpolicyactioncenter.org
A website that engages young people (and adults) in democracy: changing policies that change young people's lives.

Youth Today www.youthtoday.org
The only independent, nationally distributed newspaper that is read by thousands of professionals in the youth service field.

Fact Sheets

National Alliance on Mental Illness (www.nami.org)
Children's mental health fact sheets

[Minnesota Association for Children's Mental Health](#)
Mental health fact sheets in English and Spanish. Early childhood mental health facts sheets.

Minnesota Department of Human Services -
http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSlectionMethod=LatestReleased&dDocName=id_003704
Link to fact sheets on anxiety, depression, autism, ADHD, conduct disorder in English, Spanish, Vietnamese, Somali, and Hmong.

Other Websites

[ADD Warehouse](http://www.addwarehouse.com/shopsite_sc/store/html/index.html) - http://www.addwarehouse.com/shopsite_sc/store/html/index.html
The leading resource for the understanding and treatment of all developmental disorders, including ADHD and related problems.

[All Mental Health](#) - U.S. Department of Health and Human Services
This website provides information on what *mental health* really is and provides descriptions of some of the most common mental illnesses.

[The Autism Society of Minnesota](http://www.ausm.org/educationServices/diversityMaterials.asp) - <http://www.ausm.org/educationServices/diversityMaterials.asp>
"Is this Your Child?" Signs and Symptoms of Autism in more than five languages.

CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder) www.chadd.org
Learn, connect, support and influence

The Center for Cross-Cultural Health - <http://www.crosshealth.com/index.html>
Working to increase health and well-being for all through cross-cultural understanding.

[Child and Adolescent Bipolar Association](#)
Early intervention and treatment offer the best chance for children with emerging bipolar disorder.

Federation of Families for Children's Mental Health www.ffcmh.org
National family-run organization dedicated exclusively to helping children with mental health needs and their families achieve a better quality of life

[International MOMS Club®](#)

Offers support to moms home during the day living in St. Cloud, Waite Park, Foley, and Clearlake.

[Mental Health: A Report of the Surgeon General](#)

Background information about children's mental health.

Minnesota Association for Children's Mental Health www.macmh.org

Minnesota Association for Children's Mental Health providing support and information for families of children with EBD and mental health needs.

Mental Health America www.nmha.org

The country's leading nonprofit dedicated to helping ALL people live mentally healthier lives.

[Minnesota Parent Knows](#)

Minnesota Parents Know is a resource filled with convenient and trusted child development, health and parenting information.

[National Institute of Mental Health](#)

Health information quick links.

[National Mental Health Information Center](#)

Teen Mental Health Problems: What are the Warning Signs

Parent Advocacy Coalition for Education www.pacer.org

Expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents.

[President's New Freedom Commission Report](#)

Background information about children's mental health.

SAMHSA www.samhsa.gov

Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

[School Psychology Resources Online](#)

School Psychology Resources for Psychologists, Parents and Educators

[Technical Assistance Partnership for Child and Family Mental Health](#)

The Technical Assistance Partnership for Child and Family Mental Health (TA Partnership) operates under contract with the federal Center for Mental Health Services to provide technical assistance to system of care communities funded by the *Comprehensive Community Mental Health Services for Children and Their Families Program*.

[UCLA School Mental Health Project](#)

Being alert to indicators of psychosocial and mental health problems.
(Search resource aid packets: screening/assessing students: indicators and tools)