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Governance Board
CMMHC, Monticello
Thursday, January 21, 2009 – 4:00pm

STARS Regional System of Care Board Minutes

Members present: Greg Boelter, Brenda Mahoney, David Nusbaum, Elizabeth Rogers, Gene Garman, , Rosemary Cyr, Joan Collins-Marotte, Julie Martindale, Sharon Backstrom, Pearl Lieb, Sandi Shoberg, Julie Carpenter

Members absent: Garret McComb, Glenace Edwall, Hanna Kaufman, Ismail Ali, Kim Emanuel, Kris Kuper, LaRone Greer, Marcia Schlattman, Mary Jo Verschay, Mary Jo Cobb, Walter Bardell

Non-Voting Members present: Sara Dahlquist, Michelle Ulfers, Christine Woessner, Jennifer Swendsen, Mayuli Bales, David Baraga

Non-Voting Members absent:

Visitors: Tara Freed, Cecil Huston, Trisha Graves-Petron, Larry Sundberg, Terry Peterson,

1. Call to order

a.) Mission Statement read by Greg Boelter

2. Approval of December minutes–

Motion by: David Nusbaum **Seconded by:** Greg Boelter **Motion:** Carried

3. Approval of Agenda –

Motion by: Julie Carpenter **Seconded by:** Sandi Shoberg **Motion:** Carried

4. Committee Reports

a.) Evaluation

Terry discussed the Assessment Driven handout, and shared that as a measurement of continuous quality improvement by measuring parent driven training for outpatient Mental Health Therapists the Family Empowerment questionnaire was adapted by STARS from a Wilder survey and the results look like we are doing good overall but we would like to see more people responding that they strongly agree that we are meeting their needs. We discussed telling parents how to complain about their service and David B shared that when he was providing therapy to folks he would take a session a few weeks in and rather than ask them what was working he would ask them what wasn't working.

Chris reminded us that our Liaison, Liz Sweet recommended that we put evaluation on the agenda and so we will continue to see them on the agenda.

b.) **Sustainability Committee-** was meeting 1.26.10, Joan shared that as the CLC committee works on sustainability they are submitting applications for grants and they were just finishing up the DHS grant proposal and had 40 letters of support from various organizations or agencies in the community (ie. Stearns County Attorney, Blue Cross Blue Shield, DHS Chicano/Latino group). Joan wanted to thank everyone for their support.

c.) **Fiscal** Gene reviewed the fiscal sub-committee meeting minutes. The committee recommended a budget scenario for the Board to consider. The fiscal committee is recommending "Scenario 2" (which was detailed in a handout), that shows the transition of employees taking place by June 2011. The fiscal committee will be sending letters to the counties asking for an update on how much money they will be using of their contract funds, the difference comes in what STARS allotted for cost of living increase, that hasn't been used due to wage freeze. The Scenario 2 budget is balanced and if any funds become available it has been concluded to increase the mileage to evaluation because we are required continue evaluation until the last federal dollar spent. **Motion to approve Scenario 2.**

Motion: Julie Carpenter **Second:** Julie Martindale **Motion:** Carried

- d.) **Youth Advisory Board-** is working very hard to figure out how to sustain their programs, all 3 youth boards have decided they need to meet quarterly and had their first meeting on January 9, 2010, and they invited their parents to attend a meeting at the same time with Michelle. They had 30 families attend. The youth boards are also working with Tara and Leighton Broadcasting to develop a PSA message, and are busy talking with their other partners to develop sustainability plan.
- e.) **Family Involvement-** Michelle has been working with the Family Driven team in Monticello on the transformation of the site to be more family driven. Michelle has also developed a flyer that introduces her and offers a way to connect families and she will be meeting with the counties to encourage them to offer her flyer/information to all families at intake thus getting more people involved early on. Michelle and the PAC are talking about the development of a “mini-MACMH” or a one day Children’s Mental Health Conference in the St. Cloud area in the fall.
- f.) **Membership and By-Laws Sub-Committee** – didn’t meet but Joan shared that the Somali elder representative is dealing with some health issues and is unable to complete her application or join our board at this time.

5. Old Business:

- a.) **Update on plan to engage enrolled families in the SOC activities and opportunities (Liz Sweet requirement)** – Chris informed us that the flyer was released and when Michelle receives a contact she will be in touch with the family within a day or two, they are continuing to explore the option of having a consultant come out but as the Family Connection Nights are taking off it is extending an opportunity to get families connected to support groups in their area.
- b.) **Update on Carryover Budget Submission-** it went in December 31st .
- c.) **Barrier Busting Committee-** What happens when barriers arrive and teams can’t figure it out?? There is not really a committee w a goal of fixing these barriers. Joan suggested that we put a description of what we are looking for out on the website and ask if someone is interested in disseminating barriers and working on solutions.

6. New Business

- a.) **Letter from Cecil** The letter from Cecil was generated following a request to come together for a meeting on Sustainability for the Training Committee, and Julie Carpenter recommended it come to the board as something for the board to think about. Chris summarized the letter and Cecil was given an opportunity to share her thoughts and concerns. Julie suggested that the governance board reserve a spot on the agenda for communications to the board and that the board welcome communications from the public, which would show that the board is open to giving the opportunity for people to give feedback either good or bad. It was suggested that it be the first thing on the agenda so that it doesn’t get discarded or pushed aside if you run out of time at the end of the meeting.

7. Motion to Adjourn: Motion: David Nusbaum Seconded: Mayuli Bales Motion: Carried

Next Meeting: February 18, 2010 – 4:00pm-5:30pm Monticello, CMMHC/Group Room