



407 Washington St. Monticello, MN 55362  
(763) 271-5322 (877) 333-0083  
stars@cmmhc.com

Governance Board  
CMMHC, Monticello  
Thursday, April 15, 2010 – 4:00pm

## STARS Regional System of Care Board Minutes

**Members present:** Brenda Mahoney, David Nusbaum, Elisabeth Rogers, Garret McComb, Hanna Kaufman, Julie Martindale, Rosemary Cyr, Mary Jo Verschay, Mary Jo Cobb, Sharon Backstrom, Pearl Lieb, Sandi Shoberg,

**Members absent:** Greg Boelter, Gene Garman, Glenace Edwall, Julie Martindale, Joan Collins-Marotte, Ismail Ali, Kim Emanuel, Kris Kuper, LaRone Greer, Marcia Schlattman, Walter Bardell

**Non-Voting Members present:** Sara Dahlquist, Christine Woessner, Jennifer Swendsen, Mayuli Bales

**Non-Voting Members absent:** Michelle Ulfers, David Baraga

**Visitors:** Trisha Graves-Petron, Larry Sundberg, Terry Peterson, Amelia Kellner, Katie Klis, Tyler Mikelson, Tara Freed

### 1. Call to order

a.) Mission Statement read by Hanna Kaufman

### 2. Correspondence

a) Tammy Peterson and Jill VanBeusekom, Wraparound Credentialing  
Rosemary shared about the efforts put forth and the hard work accomplished by Tammy and Jill to receive their Wraparound Coaches and Facilitator Credentials.

### 3. Approval of February minutes–

**Motion by:** David Nusbaum      **Seconded by:** Mary Jo Cobb      **Motion: Carried**

### 4. Approval of Agenda –

**Motion by:** Sandi Shoberg      **Seconded by:** Brenda Mahoney      **Motion: Carried**

### 5. Committee Reports

- a.) **Evaluation** – Larry and Terry met with the Mental Health Task Force working with Transition Age Youth. In March they participated in the CMRC (Children's Mental Health Research Conference) and presented on the Individual Family Reports (IFR). With the National Evaluation the unit is at its peak, and about as busy as it is going to get have about 280 families enrolled, this is just under the goal but remains on track. In March and early April we had our first 9 families "graduate" or complete all 36 month evaluations. We have about 500 EDIF's (Enrollment Demographic Information Forms) and about 30 families have dropped out or moved out of the area. Larry also mentioned the upcoming Services and Cost Study requirement by SAMHSA and said this is a monumental task that they are trying to get underway.
- b.) **Sustainability Committee-** Mary Jo Cobb reviewed the sustainability report, 8 areas were identified as things families and youth wanted to see sustained. Several of them have been "championed" or adopted by an agency and others are in need of someone to step up. Some already being sustained is the Crisis Response Team-CMMHC, Family Support Specialists & Somali Care Coordinator- Catholic Charities, Wraparound- 4 counties. Mary Jo Cobb reviewed in depth the youth value initiative due to the relevant topic of youth today.
- c.) **Fiscal** – Fiscal met earlier in April and spent time reviewing where we were at salary and expenditures at 5 months we were right on track. They reported we are doing extremely well on match and have little to worry about for the rest of the grant.
- d.) **Youth Advisory Board- (Addressed in New Business)**

e.) **Family Involvement-** Michelle and the Parent Advisory Committee have been working on the development of the Regional Children’s Mental Health conference. She is working with NAMI and PACER, they are looking to have the event at the Civic Center in the fall, late October/early November, it will be an all day event, some cost to parents, accepting about 200 attendees.

f.) **Membership and By-Laws Sub-Committee** – didn’t meet

**6. Old Business:**

a.) **Top 10 Funded Project Progress Reports:** Chris announced that in each person’s packet was an updated report from 7 of the Top 10 projects. She said that 3 groups had requested and extension which she granted until May, those were School Base Mental Health Program, Evidence Based Practice and the Family Support Specialist and Cultural Guide report. Board members were please and said it was a “great way to get the information out” and they appreciate it. The counties reported a loss of useable outcome data due to a switch in their evaluation system from the CAFAS to the CAS-II.

**7. New Business**

a.) **Resignation-** Sara Dahlquist

b.) **The YOUTH advisory board-** Garrett McComb, Tyler Mikelson, Katie Klis and Amelia (Mia) Kellner attended the governance board meeting to share their experiences with The YOUTH Advisory Board and seek support in being sustained. Tara handed out a notice to attending board member that said STARS will not be replacing Sara with a full-time person but they will be seeking someone to contract with to complete the youth activities. Please use this as the consistent message about youth boards until further notice. STARS is viewing this as an opportunity to put something into place that will lead to sustaining youth initiative/involvement for our SOC, for your youth and families and beyond federal dollars. The youth shared what an asset to their success Sara was and how she didn’t treat them like kids, how she was mediator between them and adults, how she helped keep their meetings structured but didn’t design the structure of the meeting, and expressed interest in wanting to be a part of the selection process for the person/people who replace her. An Announcement was made that the CASA youth board has been sustained and will be carried by CASA Guadalupe which just received its 501c3. There was discussion about who would take on the youth boards, who would attend their meetings and support them in a 3 month plan or so until a transition could be made and a few people volunteered to help for a few meeting an at least be there until summer. David Nusbaum from LSS volunteered that LSS would take on the Youth Boards and work to develop a sustainable program if the youth agree.

c.) **Georgetown Institutes (mandatory grantee meeting in July)**

Chris reported that registration would be happening and arrangements are underway for the Georgetown Institutes in July and was excited to report that at least 5 attendees would be going a the faculty rate and participating in presenting. Hanna Kaufman expressed interest in attending the conference as a youth and possible presenter and the Board supported her interest in going.

**8. Motion to Adjourn: Motion: Sandi Shoberg Seconded: Mary Jo Cobb Motion: Carried**

**Next Meeting: May 20, 2010 – 4:00pm-5:30pm St. Cloud, CMMHC/Blue Room**