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**Governance Board
CMMHC, Monticello
Thursday, October 15, 2009 – 4:00pm**

STARS Regional System of Care Board Minutes

Members present: Brenda Mahoney (phone), David Nusbaum, Garret McComb, Gene Garman, Ismail Ali, Julie Carpenter, MaryJo Cobb, Rosemary Cyr, Joan Collins-Marotte, Walter Bardell (phone), MaryJo Verschay, Sharon Backstrom

Members absent: Greg Boelter, Julie Martindale, Kris Kuper, LaRone Greer, Marcia Schlattman, Sandi Shoberg, Ethan Turck, Glenace Edwall, LaRone Greer, Elisabeth Rogers, Hanna Kaufman

Non-Voting Members present: David Baraga, Sara Dahlquist, Michelle Ulfers(phone), and Christine Woessner, Jennifer Swendsen

Non-Voting Members absent:

Visitors: Tara Freed, Trisha Graves-Petron, Les Green, Tobin DelGuidice, Abdi Ahmed, Abdi Hassan, Arab Yusuf, Sally Green

1. Call to order

- a. Mission Statement read by David Baraga.

2. Approval of June minutes–

Motion by: Julie Carpenter

Seconded by: David Nusbaum

Motion: Carried

3. Approval of Agenda –

Motion by: MaryJo Verschay

Seconded by: Julie Carpenter

Motion: Carried

4. Committee Reports

a.) Sustainability Committee Update-

Mary Jo Cobb reported they had a technical assistance phone call on October 2nd. He offered support for them to develop a plan. The next meeting is October 27, 2009 at 3:00 in Monticello. The survey results addressed services; the committee will also address how to sustain relationships, community values and attitudes.

b.) Fiscal

Gene reported that Fiscal Committee met on October 6th and reviewed the expense report as of September 2009. They are looking at having a carryover in match funds, and he reviewed the carryover funds worksheets. The group has not approved anything but all requests for carryover funds will go back to the fiscal committee the 1st meeting in November. There are 17 requests for carryover funds and it is likely that there will be enough funds to cover those requests. Next meeting: November 5th at 3:00 in St. Cloud.

c.) Cultural and Linguistic Competency Update

Mary Jo Verschay introduced Tobin DelGuidice who shared with us a very clear description of the Somali Culture and population that is being served by the Somali Care Coordinators. He talked about the demographic information on their culture, religion, acculturation stressors and the impact on them, challenges of the children in the role of mediators in communication/translation. He talked about the clinical vulnerability of 39%-100% of the population to Post Traumatic Stress Disorder. Just learning the language causes anxiety, depression and low self-esteem. PTSD, Depression and suicide was almost unknown in Somali Society but it is more apparent now that at least 50% of Somali's suffer from depression and that suicide rates are up. The conclusion following this presentation is that the youth and families being served are part of our target population The presentation was very informative and generated questions.

Les also presented on events that have taken place recently that the Cultural and Linguistic Competence committee supported. The Somali Town Hall happened on September 30, 2009 at the St. Cloud Public Library. It was intended to be employers/area business sending their Somali employees who were bi-lingual to take part in an event focused on helping them learn to manage America. They had 67 people attend and feel it was a successful start; they look forward to working more shared with it in the future. Les shared that the budget was important and to keep it under budget and said they set the budget for the event at \$4000 and it came in at \$2530.

Chris mentioned that she will be meeting with Ismail Ali and other Board members about a possible grant for the Somali Community.

Les also provided information to us about the Somali and Latina girls' event which was a "Freedom Writers" program that lasted 5 weeks. 17 Somali and 5 Latina girls came together and had the opportunity to write their stories, get library cards, have time to talk to their peers, and speak about the things that are important to them.

5. Old Business (4:45- 5:10)

a. Somali Care Coordination report

With the information provided during the CLC report and talking about the job description it was concluded that the work being done by the Somali Care Coordinator is meeting our target population. Motion was made to continue Somali Care Coordinator position through the next fiscal year.

Motion: **Gene Garman**

Second: **Julie Carpenter**

Motion: **Carried**

b. Clinical Directors duties: recommendation Chris/David

Given the resignation of Bill Affeldt last May, the Governing Board directed Chris and David Baraga to develop a recommendation for distributing the Clinical Director duties for STARS. Their recommendation is the funds for Year 5 Clinical Director be allocated as follows: Jane Ellison, Thrive \$5000 for coordinating Early Childhood, \$5000 for a person to head up the Practice Improvement Committee, \$10,000 added back to CMMHC for David's salary. David Baraga will be the overall person responsible. (handout) Motion to approve the duties as described in the handout.

Motion: **Julie Carpenter** Second: **David Nusbaum** Motion: **Carried**.

6. New Business (5:10 – 5:25)

a. Site Visit from Project Officer Liz Sweet set for November 9-11th.

Chris just updated everyone that the site visit is set and officially being planned. Times are set and we will be settling locations etc. within the next week.

b. Crisis Care Overnight Stabilization is up and operational. David wasn't sure if anyone had been placed yet but they are getting calls for it.

7. Adjourn (5:30) Motion: Joan Collins-Marotte Second: David Nusbaum Motion: Carried

Next Meeting: November 19, 2009 – 4:00pm-5:30pm St. Cloud, CMMHC/Blue Room