

## **STARS Regional System of Care Board Minutes**

**Members present:** Brenda Mahoney, David Nusbaum, Elisabeth Rogers, Gene Garman, Hanna Kaufman, Julie Carpenter, Julie Martindale, Marcia Schlattman, Mary Jo Verschay, MaryJo Cobb, Pearl Lieb, Rosemary Cyr, Sandi Shoberg, Sharon Backstrom

**Members absent:** Greg Boelter, Garret McComb, Ismail Ali, Joan Collins-Marotte, Kim Emanuel, Kris Kuper, LaRone Greer, Walter Bardell

**Non-Voting Members present:** David Baraga, Sara Dahlquist, Michelle Ulfers, Christine Woessner, Jennifer Swendsen, Mayuli Bales

**Non-Voting Members absent:**

**Visitors:** Tara Freed, Trisha Graves-Petron, Korey Sufka

### **1. Call to order**

- a. Mission Statement read by Julie Carpenter

### **2. Approval of October minutes–**

**Motion by:** Julie Carpenter **Seconded by:** Rosemary Cyr **Motion: Carried**

### **3. Approval of Agenda –**

**Motion by:** David Nusbaum **Seconded by:** Julie Carpenter **Motion: Carried**

### **4. Committee Reports**

#### a.) Sustainability Committee Update-

Mary Jo Cobb reported sustainability committee has compiled a list of 8 services that they would like to develop sustainability plans, 3 already have sustainability plans. They also would like to see SOC values sustained and they were asking the board what their next steps should be. A “Committee Report Card” was developed and distributed to the Board. Rosemary suggested that the “report card” be sent out to committees to grade. Next meeting November 24, 2009.

#### b.) Fiscal

Gene reported that Fiscal Committee met on November 5<sup>th</sup> and the expenditures in Quarter 4 were \$348,017.55. The committee will be presenting at the December 17 meeting the amended year 5 budget. **Chris asked the board members to make a special effort to be at the December meeting as the amended budget will be the only item on the agenda. The amendment will be submitted to SAMHSA.** Gene noted that a small task force was assembled to review staff positions for year 6. He also mentioned that we have a match carry over of \$454,889.

#### c.) Youth and Family Sub-Committees

Sara reported that the youth presented at YIPA conference the end of October and are presenting at the Federation of Families Conference in Washington D.C. in December. They are also working on a suicide prevention message. There are currently 3 youth boards up and operational!

Michelle reported that she is still working to organize family members and has 8 sites that have said yes and agreed to work with her Family Connections Night. The only challenge she is facing at this time is finding people to come and work with the youth. She is thinking she would like college age people over 20, to be there. Suggestions on where Michelle might find those people who can help her, Prevent Child Abuse MN, Students at the university, Interns, Service Learning programs.

## 5. Old Business (4:45- 5:10)

### a.). Site Visit Reports (Handouts)

One of the strongest recommendations of our site visit was to keep data in front of the boards.

Chris explained the difference between the 2 types of site visits, one being the MACRO site visit from July, where the visitors meet individually with people to talk about how the system of care has effected them. Governance Board members received the actual narrative report in the mail but where provided at the meeting a visual “stop light” graph that showed our results now compared to our baseline results and where we should be. In a few weeks we will get a report showing how we compare to other SOC sites. There was a question about 2 areas that showed decreasing scores. Chris noted that she has someone at MACRO researching why this is the case.

The 2<sup>nd</sup> visit is our Project Officer Visit, which happened Nov 9-11. The project officer and team takes a look at what the SOC looks like, what makes us successful and what has worked and what hasn't. The team meets with groups of people and gets the opinion of lots of people, and then they do an overall summary. STARS has shown monumental growth with the services we have up and running, the relationships we have developed and our decision making is on the right track. They said we are doing good but we still have A LOT of work to do.

We have been asked to provide a report to Liz(our project officer) with in 90 days showing how we plan to engage our families enrolled in SOC, Care coordination, Case Management, National Evaluation and how we are engaging them in activities. How are we providing them the direct parent to parent and youth to youth connection opportunities? Liz recommended a consultant who has done this and Chris will be in contact with that person. The overriding themes of the visit summary were to engage and involve enrolled families and to use data to make decisions (we have 6 million data points... teach people how to use them).

## 6. New Business (5:10 – 5:25)

### a. Opportunity Manor Report

Tara Freed presented the findings of the OMI Workforce Development RFP. The report highlighted the areas of strengths and weakness in our college systems as it relates to training students on SOC values. Julie Carpenter pointed out one specific recommendation to build a strong parent organization as being a key ingredient for success.

### b. School Based Mental Health Initiative Presentation

David Baraga gave an update on the grant, it was noted that it was the most unusual school grant submitted to state in that it had “multi-funding.” They have a MHP in every school district in the 4 counties and where chosen to present at the SBHP Conference. Approved the 2<sup>nd</sup> year budget, but it is a little scary with the no funding from the collaborative and 1/3 of the budget coming from 3<sup>rd</sup> party billing. He mentioned that Year 3 will be more difficult with reduced grant funds.

School gets therapist 1 day a week, school handles paperwork, billing, this option provides an avenue to therapy for people who live in more “rural” areas, and also sees kids who can't pay. It is estimated that the program provided services to 800 kids, provided 559 diagnostic assessments and held 4300 individual therapy sessions. There is currently a waitlist in every school but the therapists assess each situation and have a goal to provide only brief therapy in the school, if its more complex or long term they try to get them referred back to the main clinic.

**Motion to Adjourn (5:30) Motion: Joan Collins-Marotte Seconded: David Nusbaum Motion: Carried**

**Next Meeting: November 19, 2009 – 4:00pm-5:30pm St. Cloud, CMMHC/Blue Room**