

STARS Regional System of Care Board Minutes

Members present: Brenda Mahoney, David Nusbaum, Gene Garman, Hanna Kaufman, Julie Martindale, Marcia Schlattman, MaryJo Cobb, Pearl Lieb, Rosemary Cyr, Sandi Shoberg, Sharon Backstrom, Joan Collins-Marotte, , Kim Emanuel, Walter Bardell, Mary Bonlender (alternate Wright Cty), Kris Kuper

Members absent: Elisabeth Rogers, Ethan Turck, Glenace Edwall, Ismail Ali, Mary Jo Verschay , Julie Carpenter, LaRone Greer, Rosemary Cyr , Mayuli Bales, David Baraga

Non-Voting Members present: Sara Dahlquist, Michelle Ulfers, and Christine Schmid

Visitors: Tara Freed, Bill Affeldt, Caitlyn Johnson

1. Call to order

- a. Mission Statement read by Gene Garman

2. Approval of May minutes–

Motion by: Gene Garman **Seconded by:** Joan Collins-Marotte **Motion: Carried**

3. Approval of Agenda –

Motion by: Mary Jo Cobb **Seconded by:** Mary Bonlender **Motion: Carried**

4. Committee Reports

- a) Decision-Making Work Group: Work Completed. This will be removed from future agendas.

- b) Cultural and Linguistic Competency Committee: Cultural Committee knows they will have some carry over dollars at the end of the year. The CLCC recommends to the Board to use that money for the Somali Care Coordinator. The CLCC motion was unanimous. A sheet with statistics about those served was distributed. It showed school problems are universal, truancy, grades, diagnosed & meds. Schools have refused special education assessment, instead placing in Language Learning classes. The Somali Care Coordinator has helped in these situations.

Q: How long does Abdi work with families? *Sometimes just once, but it really varies; works with some families with Autism, drives them to the cities for appointments etc.*

Q: Do these kids fit our target population? MH kids at risk of out of home placement? *Good question, more evaluation is needed. Several of them do and research shows that 90% of 1st and 2nd generation kids show PTSD symptoms. More evaluation needed and could include specifically if they are 1st or 2nd generation, from refugee camps, etc.*

Abdi is generally the 1st contact to these families and he helps families get the mental health assessments done. The board discussed options of using the carry over dollars for extending funding beyond September 30th for the Somali Care Coordinator. Joan wants to give a 90 day notice.

Motion to use funds up through December, 2009 and Joan will come back with information that says that at least ½ of the kids are mental health kids or 1st or 2nd generation along with the research cited above. Review on September Agenda

Motion: Mary Jo Cobb **Seconded by:** Brenda Mahoney **Motion: Carried**

- c) Fiscal Sub-Committee Did not meet. Fiscal report was handed out.

d) Sustainability Work Group: 139 responses to survey monkey, over half the respondents were professionals. The survey was too overwhelming for Youth/Parents and cultural groups. Discussion to revise the survey and translate at least 5 questions for Somali and Spanish on hard copy, and have hard copies available at mental health sites. Possible for counties to send survey with postage paid. They will continue to collect this data through multiple data sources until September. They will also be sending the strategic plan from our retreat to Liz Sweet.

e) Crisis Care Work Group: Chris reviewed the crisis care proposal. The proposed service is a collaboration between the Crisis Response Team, LSS and PATH. It will serve approximately 190 youth over 2 years if an average of 3 days is utilized. 13-14 Therapeutic Foster homes have agreed to specialized training and no cost for being “on-call” for this service. Initially there will be no fee while the “bugs” are worked out but developing a plan for sustainability is part of the proposal. Parents have asked for this for years and were critical to the development of the service.

Motion to accept the Crisis Care Proposal with Sustainability plan and Evaluation Plan in the contract.

Motion: Joan Collins-Marotte **Seconded by:** Walter Bardell **Motion:** Carried _____
Abstained: David Nusbaum

f) Juvenile Justice Work Group report: Chris reported that the contracts have been sent to The Village for signatures.

f) School Work Group David N reported that the school workgroup has met twice. 3 projects have emerged. Child link, Positive Behavior Intervention and Supports (PBIS), and Youth Intervention Program. The discussion was brought to the Youth Boards for input. It would be helpful if more parents and youth could attend the next School workgroup meeting. The only people who attended other than MJC and Sara were people who represented the 3 programs. Recommend we send out the announcement to ALL again.

5. Old Business

6. New Business

- a.) Hannah has brought a concern before the board. She is having a frustrating time getting an anti-stigma campaign into the Monticello school district. Paul Jones aka “Bi-Polar Boy” is a speaker/educator about bipolar. Monticello administration has not been supportive of this Mental Health Campaign. Hannah was recently told, “We think this is a distraction for the students”. There is new administration this fall which maybe new opportunity. David Nusbaum indicates there may also need to be some parents &/ youth to go with Hannah side by side. Hannah asked for a group to go with her. She received volunteers and lots of support. The board members offered their support and assistance to make this happen. Gene, Sharon and Joan offered to go with Hannah to meet with administration. Another suggestion offered by Kris Kuper was to hold a meeting at the community center and ask parents and youth what they want and bring that to school with names behind it.
- b.) Personnel Changes: Trisha Graves-Petron has been bumped to full-time, part-time Field Evaluator/ Part-time Office Support, Caitlin Johnson hired as Youth Support Specialist to help facilitate trainings, volunteer opportunities and work with the youth on public speaking.
- c.) Wraparound Re-Commitments by Counties- Benton, Stearns and Wright Counties are in. Brenda explained she is waiting on Stearns County administration. They have the letter awaiting a signature.
- d.) Board Membership- Membership Committee needs to meet, Joan, Brenda, and Chris
 - i.) Abe resigned

ii.) JJ representative, United Behavioral HealthCare (UBH)

e.) No meeting in July. Next meeting August 20th, 2009, Monticello

10. Motion to Adjourn **Motion by:** Walter Bardell **Seconded by:** Sharon Backstrom

NEXT GOVERNANCE BOARD MEETING: August 20, 2009 Monticello CMMHC/Group Room